

STERABAN™ OINTMENT

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using STERABAN™?

STERABAN™ contains the active ingredient mupirocin. STERABAN™ is used to for the treatment of mild impetigo (school sores). For more information, see Section [1. Why am I using STERABAN™?](#) in the full CMI.

2. What should I know before I use STERABAN™?

Do not use if you have ever had an allergic reaction to mupirocin or any of the ingredients listed at the end of the CMI. Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding. For more information, see Section [2. What should I know before I use STERABAN™?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with STERABAN™ and affect how it works. A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use STERABAN™?

- The usual recommendation is for a small amount to be applied to the affected area three times a day.
- Always wash your hands before and after applying STERABAN™.
- Apply a small quantity of STERABAN™, with a piece of clean cotton wool or a gauze swab, to cover the affected area. After applying the ointment, you may cover the treated area with a sterile bandage or gauze dressing, unless your doctor has told you to leave it uncovered.

More instructions can be found in Section [4. How do I use STERABAN™?](#) in the full CMI.

5. What should I know while using STERABAN™?

Things you should do	<ul style="list-style-type: none">• Remind any doctor, dentist or pharmacist you visit that you are using STERABAN™.• Tell your doctor if you have not used STERABAN™ as directed.• Tell your doctor if you become pregnant while using STERABAN™.• Tell your doctor if you develop an allergic reaction (such as a rash, local pain or swelling).• Use the full course of STERABAN™.
Things you should not do	<ul style="list-style-type: none">• Do not stop using STERABAN™ or change the dose without first checking with your doctor.• Do not give this medicine to anyone else, even if their symptoms seem similar to yours.• Do not use STERABAN™ to treat any other complaints unless your doctor says to.
Looking after your medicine	<ul style="list-style-type: none">• Keep this medicine in the original pack below 30°C.

For more information, see Section [5. What should I know while using STERABAN™?](#) in the full CMI.

6. Are there any side effects?

Common side effects include: itching, dryness, burning, redness and stinging. More serious side effects include: swelling, itching, burning or pain in the area where mupirocin ointment has been applied, or inflammation of the colon. Symptoms of an allergic reaction may include: cough, shortness of breath, wheezing or difficulty breathing; swelling of the face, lips, tongue, throat or other parts of the body; rash, itching or hives on the skin; fainting or hay fever-like symptoms. For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

STERABAN™ OINTMENT

Active ingredient(s): *mupirocin* (mu-pee-ro-cin)

Consumer Medicine Information (CMI)

This leaflet provides important information about using STERABAN™ ointment. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using STERABAN™.**

Where to find information in this leaflet:

- [1. Why am I using STERABAN™?](#)
- [2. What should I know before I use STERABAN™?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use STERABAN™?](#)
- [5. What should I know while using STERABAN™?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using STERABAN™?

STERABAN™ ointment contains mupirocin 2% w/w equivalent to 20 mg/g mupirocin as the active ingredient. STERABAN™ belongs to a group of medicines called antibiotics. Antibiotics work by killing bacteria which can cause infection. STERABAN™ is for use on your skin only.

STERABAN™ is used for the treatment of mild impetigo (school sores).

2. What should I know before I use STERABAN™?

Warnings

Do not use STERABAN™ if:

- you are allergic to mupirocin, or any of the ingredients listed at the end of this leaflet. Always check the ingredients to make sure you can use this medicine.

Some of the symptoms of an allergic reaction may include shortness of breath, wheezing or difficulty breathing, swelling of the face, lips, tongue or other parts of the body, rash, itching or hives on the skin.

- it has expired or is damaged. Return it to your pharmacist for disposal.

Do not use STERABAN™ after the expiry date printed on the pack, or the ointment shows visible signs of deterioration, or if the packaging is torn or shows signs of tampering.

If you are not sure whether you should start using this medicine, talk to your doctor.

Check with your doctor if you:

- have any allergies to foods, dyes, preservatives or any other medicines.

- you are taking any other medicines, including medicines you buy without a prescription.
- take any medicines for any other condition.

STERABAN™ should not be used to treat infections in or near the eyes, nostrils or mouth.

If STERABAN™ is accidentally applied to the eyes, wash the eyes thoroughly with water.

STERABAN™ contains macrogol (polyethylene glycol). Do not use STERABAN™ on large areas of broken or damaged skin, especially if you suffer from reduced kidney function.

If you develop an allergic reaction (such as a rash, local pain or swelling), wipe off the ointment, stop using STERABAN™ and tell your doctor.

Medicines like STERABAN™ can cause inflammation of the colon (large intestine), causing diarrhoea, usually with blood and mucus, stomach pain, fever (pseudomembranous colitis). Tell your doctor as soon as possible if you get any of these symptoms.

If you have not told your doctor about any of the above, tell him/ her before you start using STERABAN™.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. [Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

If you are using STERABAN™ on a cracked nipple, wash the nipple well before breast feeding your baby.

Children

The use of STERABAN in children under two years of age is not recommended.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with STERABAN™ and affect how it works.

Do not mix STERABAN™ with any other preparation. They may prevent STERABAN™ from working.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect STERABAN™.

4. How do I use STERABAN™?

How much to use

- The usual recommendation is for a small amount to be applied to the affected area three times a day.
- Follow instructions provided and use STERABAN™ until your doctor or pharmacist tells you to stop.

How to use STERABAN™

- Always wash your hands before and after applying STERABAN™.
- With a piece of clean cotton wool or a gauze swab, apply a small quantity of STERABAN™ to cover the affected area.
- After applying the ointment, you may cover the treated area with a sterile bandage or gauze dressing, unless your doctor has told you to leave it uncovered.

How long to use STERABAN™

- Use STERABAN™ for as long as your doctor or pharmacist tells you to. STERABAN™ is usually applied for up to 10 days.
- It is important that you take the full course of STERABAN™. Do not stop early as your symptoms may disappear before the infection is fully cleared.

If you forget to use STERABAN™

STERABAN™ should be used regularly at the same time each day. If you miss your dose at the usual time, apply some STERABAN™ as soon as you can, then continue as before.

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to.

Do not take a double dose to make up for the dose you missed.

If you use too much STERABAN™

If you think that you have used too much STERABAN™, or have swallowed it accidentally, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using STERABAN™?

Things you should do

Stop using STERABAN™ and tell your doctor if you develop an allergic reaction (such as rash, local pain or swelling). Keep the ointment away from your eyes, nose or mouth unless directed by your doctor.

Tell any other doctors, dentists, and pharmacists who treat you that you are taking this medicine.

If you become pregnant while using this medicine, tell your doctor immediately.

Tell your doctor if, for any reason, you have not used your medicine exactly as directed.

Otherwise, your doctor may think that it was not working as it should and change your treatment unnecessarily.

Things you should not do

- Do not stop using STERABAN™ or change the dose without first checking with your doctor.
- Do not give this medicine to anyone else, even if their symptoms seem similar to yours.
- Do not use STERABAN™ to treat any other complaints unless your doctor says to.
- Do not use STERABAN™ to treat areas of skin near tubes inserted into your body for the delivery or removal of fluid (cannulae). STERABAN™ should not be used in combination with cannulae.

Looking after your medicine

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in the original pack in a cool dry place away from moisture, heat or sunlight where the temperature stays below 30°C. Do not freeze the ointment.

Do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a-half metres above the ground is a good place to store medicines.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
Skin and subcutaneous tissue disorders: <ul style="list-style-type: none">• Itching• Dryness• Burning• Redness• Stinging• Pain• Swelling	Speak to your doctor if you have any of these less serious side effects and they worry you.

Serious side effects

Serious side effects	What to do
Immune system disorders and allergic reactions: <ul style="list-style-type: none">• Rash, hives, swelling, itching, burning or pain in the area where STERABAN™ is applied.• Wheezing, swelling of the lips/mouth, difficulty in breathing, hayfever, lumpy rash (hives) or fainting. Gastrointestinal disorders: <ul style="list-style-type: none">• Inflammation of the colon. Symptoms include: diarrhoea, usually with blood and mucous, stomach pain or fever.	Call your doctor straight away, if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What STERABAN™ contains

Active ingredient	Mupirocin (2% w/w)
Other ingredients	<ul style="list-style-type: none">• Macrogol 400• Macrogol 3350

Do not take this medicine if you are allergic to any of these ingredients.

What STERABAN™ looks like

STERABAN™ is a white to off white ointment supplied in 15 g and 30 g tubes.

AUST R 479486

Who distributes STERABAN™

Nova Pharmaceuticals Australasia Pty Ltd

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