VYMAZE Nasal Spray

Consumer Medicine Information (CMI) summary

The full CMI on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using VYMAZE?

VYMAZE contains the active ingredient Fluticasone furoate. VYMAZE is used to treat symptoms of allergic rhinitis including stuffy, runny or itchy nose, sneezing, and watery, itchy or red eyes.

For more information, see Section 1. Why am I using VYMAZE? in the full CMI.

2. What should I know before I use VYMAZE?

Do not use if you have ever had an allergic reaction to VYMAZE or any of the ingredients listed at the end of the CMI.

Talk to your doctor if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section 2. What should I know before I use VYMAZE? in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with VYMAZE and affect how it works.

A list of these medicines is in Section 3. What if I am taking other medicines? in the full CMI.

4. How do I use VYMAZE?

- **Adults and adolescents 12 years and older -** The usual starting dose is 2 sprays in each nostril once a day (55 micrograms fluticasone furoate). Once symptoms are controlled you may be able to decrease your dose to 1 spray in each nostril once a day.
- **Children (2 to 11 years):** The usual starting dose is 1 spray in each nostril once a day (27.5 micrograms fluticasone furoate).

More instructions can be found in Section 4. How do I use VYMAZE? in the full CMI.

5. What should I know while using VYMAZE?

Things you should do	• Remind any doctor, dentist or pharmacist you visit that you are using VYMAZE. • Tell your doctor if you are taking any other medicines. • Tell your doctor if you become pregnant or are trying to become pregnant. • Tell your doctor if, for any reason, you have not used your medicine exactly as prescribed. • Tell your doctor if you are allergic to foods, dyes, preservatives or any other medicines.
Things you should not do	• Do not stop using VYMAZE or change the dose without first checking with your doctor. • Do not use VYMAZE in or near the eyes. • Do not give this medicine to anyone else, even if their symptoms seem similar to yours. • Do not use VYMAZE to treat any other complaints unless your doctor says to.
Driving or using machines	• Be careful driving or operating machinery until you know how VYMAZE affects you. • VYMAZE is unlikely to affect your ability to drive or use machinery
Looking after your medicine	• Store your VYMAZE below 25°C, protected from direct sunlight. Always keep the cap on. Discard 3 months after first opening. • Do not freeze.

For more information, see Section 5. What should I know while using VYMAZE? in the full CMI.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention. VYMAZE can cause allergic reactions which may be severe. **If you develop symptoms of an allergic reaction, call your doctor straight away or go straight to the Emergency Department at your nearest hospital.**

For more information, including what to do if you have any side effects, see Section 6. Are there any side effects? in the full CMI.

VYMAZE

Active ingredient(s): Fluticasone furoate

Consumer Medicine Information (CMI)

This leaflet provides important information about using VYMAZE. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using VYMAZE.**

Where to find information in this leaflet:

1. Why am I using VYMAZE?
2. What should I know before I use VYMAZE?
3. What if I am taking other medicines?
4. How do I use VYMAZE?
5. What should I know while using VYMAZE?
6. Are there any side effects?
7. Product details

1. Why am I using VYMAZE?

VYMAZE contains the active ingredient fluticasone furoate. VYMAZE belongs to a group of medicines known as corticosteroids, frequently called 'steroids'. VYMAZE works to decrease inflammation caused by allergy (rhinitis).

VYMAZE is used to treat symptoms of allergic rhinitis including stuffy, runny or itchy nose, sneezing, and watery, itchy or red eyes. The effects are usually felt within the first day, although some people will not feel the effects until several days after first taking it.

Your doctor may have prescribed VYMAZE for another reason.

VYMAZE is not addictive.

2. What should I know before I use VYMAZE?

Warnings

Do not use VYMAZE if:

- you are allergic to fluticasone furoate, or any of the ingredients listed at the end of this leaflet.
- the expiry date (EXP) printed on the pack has passed.
- the packaging is torn or shows signs of tampering.

Check with your doctor if you:

- you have any other medical conditions.
- you are allergic to foods, dyes, or any other medicine.
- you take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. Are there any side effects?

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

3. What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with VYMAZE and affect how it works.

For example, medicines like ketoconazole, used to treat fungal infection, and ritonavir used to treat HIV infection, may affect how VYMAZE works. If you are taking these medicines, consult your doctor or pharmacist who will advise on what you should do.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect VYMAZE.

4. How do I use VYMAZE?

- Shake vigorously for about 10 seconds with cap on to prime the device.
- Press the actuator firmly all the way down, approximately 6 times until a fine mist is seen.
- Once primed shake the nasal spray vigorously each time before use.
- VYMAZE is sprayed into the nose as a fine mist. It has virtually no taste.
- VYMAZE is not for use in the eyes.
- Replace the cap after each use to keep the nozzle clean and to prevent the need for re-priming.

How much to take

Adults and adolescents 12 years and older:

- The usual starting dose is 2 sprays in each nostril once a day (55 micrograms fluticasone furoate).
- Once symptoms are controlled you may be able to decrease your dose to 1 spray in each nostril once a day.

Children (2 to 11 years):

- The usual starting dose is 1 spray in each nostril once a day (27.5 micrograms fluticasone furoate).
- If symptoms are severe, your doctor may increase the dose to 2 sprays in each nostril once a day until symptoms are under control. It may then be possible for the dose to be reduced to 1 spray in each nostril once a day.

Follow the instructions provided and use VYMAZE until your doctor tells you to stop.

When to take VYMAZE

- Use VYMAZE once a day and at the same time each day. This will treat your symptoms throughout the day and night.

If you forget to use VYMAZE

If it is almost time for your next dose, skip the dose you missed and take your next dose when you are meant to. Otherwise, use the product as soon as you remember, then go back to using the product as you would normally.

Do not take a double dose to make up for the dose you missed.

Otherwise, your doctor may think that it was not working as it should and change your treatment unnecessarily.

How long to use it for

Your doctor will tell you how long to use VYMAZE.

Do not stop using VYMAZE or change the dose without first checking with your doctor.

If you use too much VYMAZE

If you think that you or anyone else have used too much VYMAZE, you may need urgent medical attention.

You should immediately:

- phone the Poisons Information Centre (**by calling 13 11 26**), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

5. What should I know while using VYMAZE?

Things you should do

- Tell your doctor or pharmacist that you are using VYMAZE if you are about to be started on any new medicines.
- Tell your doctor if you become pregnant or are trying to become pregnant.
- Tell your doctor if, for any reason, you have not used your medicine exactly as prescribed. Otherwise, your doctor may think that it was not effective and change your treatment unnecessarily.
- Tell your doctor if you experience a change in your vision.
- Use VYMAZE only in your nose.

Call your doctor straight away if you experience:

- Wheezing, swelling of the lips/mouth, difficulty in breathing, hayfever, lumpy rash (hives) or fainting. These could be a symptom of an allergic reaction.

Remind any doctor, dentist or pharmacist you visit that you are using VYMAZE.

Things you should not do

- **Do not use VYMAZE in or near the eyes.**
- **Do not give this medicine to anyone else, even if their symptoms seem similar to yours.**
- **Do not use VYMAZE to treat any other complaints unless your doctor says to.**

Use in children

VYMAZE is not recommended for use in children below 2 years of age.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how VYMAZE affects you.

VYMAZE is unlikely to affect your ability to drive or use machinery.

Looking after your medicine

Store your VYMAZE below 25°C.

Do not store VYMAZE in a fridge or freezer.

Protect from direct sunlight.

Do not store in a bathroom or near a sink.

Do not leave VYMAZE in the car or on window sills.

Always keep the cap on.

Discard 3 months after first opening.

Keep VYMAZE in its pack until it is time to use it.

Keep it where young children cannot reach it.

A locked cupboard at least one-and-a half metres above the ground is a good place to store medicines**.**

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious side effects

Less serious side effects	What to do
• nose bleeds. • nasal ulceration – which may cause irritation or discomfort in your nose. You may also get streaks of blood when you blow your nose. • headache. • pain, burning, irritation, soreness or dryness in the inside of the nose. • slowing of growth in children has also been observed, however the frequency of this occurring cannot be estimated from the available data.	Speak to your doctor if you have any of these less serious side effects and they worry you.

Serious side effects

Serious side effects	What to do
Allergic Reaction: • wheezing • swelling of the lips/mouth • difficulty in breathing • hay fever • lumpy rash ("hives") • fainting	**Call your doctor straight away or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.**

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What VYMAZE contains

Active ingredient (main ingredient)	fluticasone furoate
Other ingredients (inactive ingredients)	• glucose • dispersible cellulose • polysorbate 80 • benzalkonium chloride • disodium edetate • purified water.

Do not use this medicine if you are allergic to any of these ingredients.

What VYMAZE looks like

VYMAZE nasal spray is a white to off white, opaque suspension contained in an amber glass bottle, fitted with a plastic spray pump. The bottle contains either 60 or 120 sprays. Not all pack sizes may be marketed.

Each spray delivers approximately 27.5 micrograms fluticasone furoate.

AUST R 489476.

Who distributes VYMAZE

Nova Pharmaceuticals Australasia Pty Ltd

Suite 305, 10 Norbrik Drive

Bella Vista, NSW 2153

AUSTRALIA

Toll free: 1800 002 171

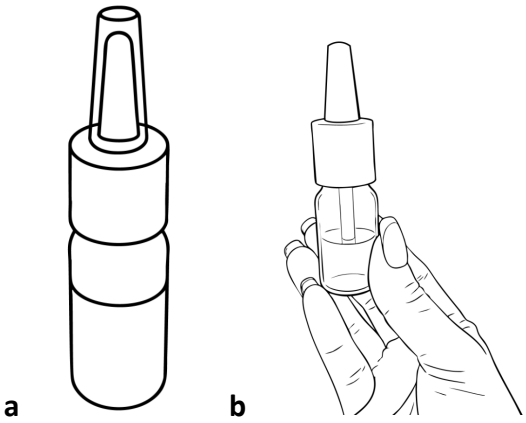
www.novapharm.com.au

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HOW TO USE VYMAZE

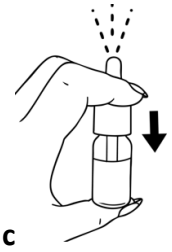
Before using VYMAZE nasal spray, please read the below instructions carefully and follow these instructions. If you have any further questions on the use of this product, ask your doctor or pharmacist.

The Nasal Spray



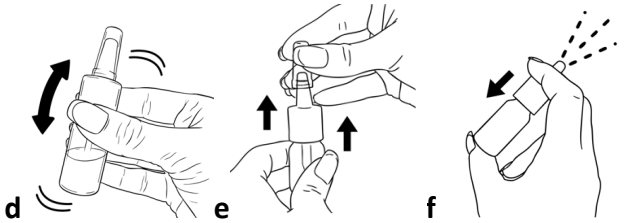
- Your medicine comes in an amber glass bottle fitted with a plastic metering atomising spray pump with a dust cap – see picture **a.** It will contain 60 or 120 sprays, depending on the pack size that has been prescribed to you.
- The glass bottle will allow you to see how much medicine is left in the bottle. A bottle containing 60 sprays will not appear full when you first receive it – see picture **b**.
- The medicine sprays out of the nozzle when the actuator is pressed firmly all the way down.
- A removable cap protects the nozzle from dust and prevents it from blocking up.

SIX IMPORTANT THINGS YOU NEED TO KNOW ABOUT VYMAZE



1. The nasal spray comes in an amber glass bottle. To check how much is left hold the nasal spray upright against a bright light. You will be able to see the level of suspension in the bottle.
2. When you first use the nasal spray, you must prime it – see steps highlighted in "Preparing the Nasal Spray".
3. The actuator on the top must be pressed firmly all the way down to release a spray through the nozzle - see picture **c**.
4. If you have difficulty pressing the actuator with your finger you can use your thumbs on both hands to push the actuator.
5. Always keep the cap on the nasal spray when you are not using it. The cap keeps the dust out, seals in the pressure and stops the nozzle from blocking up. When the cap is in place the actuator can't be pressed accidently.
6. Never use a pin or anything sharp to clear the nozzle, it will damage the nasal spray.

Preparing the Nasal Spray



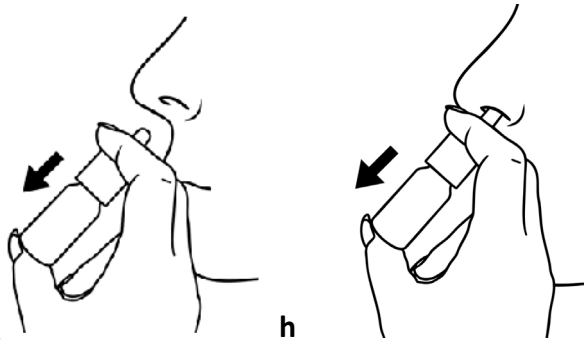
You must prepare the nasal spray:

- Before you use it for the first time.
- If you have left the cap off for 5 days.
- If the device doesn't seem to be working.
- If the nasal spray has not been used for 30 days or more.

Preparing the nasal spray helps to make sure you always get the full dose of medicine. Follow these steps:

1. **With the cap on, shake the nasal spray vigorously for about 10 seconds before every use** - see picture **d**. This is important as VYMAZE is very thick and becomes more liquid when you shake it well. It will only spray when it becomes liquid.
2. **Remove the cap** by holding the sides of the cap with your thumb and forefinger and pulling it straight off – see picture **e**.
3. **Hold the nasal spray upright and point the nozzle away** from you.
4. **Press the actuator firmly all the way down.** Do this at least 6 times to release a fine spray into the air – see picture **f**.
5. **The nasal spray is now ready to use.** If you have just followed the steps to prepare the nasal spray, you can proceed directly to step 3 of "Using the Nasal Spray".

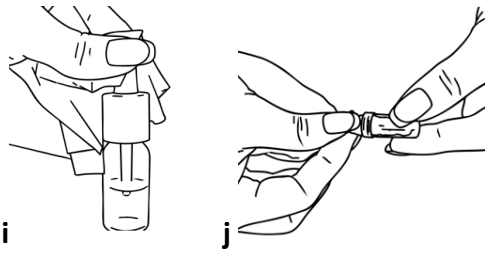
Using the Nasal Spray



g **h**

1. **Shake the nasal spray** vigorously for about 10 seconds- see picture **d**.
2. **Remove the cap.**
3. **Blow your nose to clear the nostrils and then tilt your head forward a little bit.**
4. **Hold the nasal spray upright and carefully place the nozzle in one of your nostrils** – see picture **g.**
5. **Point the end of the nozzle toward the outside of your nose, away from the centre-ridge of your nose.** This helps direct the medicine to the right part of your nose.
6. **As you breathe in through your nose, press the actuator once firmly all the way in** – see picture **h.**
7. **Be careful not to get any spray in your eyes. If you do, rinse your eyes with water.**
8. **Take the nozzle out and breathe out through your mouth.**
9. **Repeat steps 4 to 8** for your other nostril.
10. **If your doctor has told you to take 2 sprays per nostril** repeat steps 4 to 9.
11. **Replace the cap** on the nasal spray.

Cleaning the Nasal Spray



i **j**

After each use:

- Wipe the nozzle and the inside of the cap. Don't use water to do this. Wipe with a clean, dry tissue.
- **Never use a pin or anything sharp** on the nozzle.
- **Always replace the cap** once you have finished to keep out dust, seal in the pressure and stop the nozzle from blocking up.

If the nasal spray does not seem to be working:

- Check you still have medicine left in the bottle. If the level is very low there may not be enough left to work the nasal spray.
- Check the nasal spray for damage.
- If you think that the nozzle may be blocked, don't use a pin or anything sharp to clear it.
- Try to reset it by following the instructions under "**Preparing the Nasal Spray**".
- If it is still not working, or if it produces anything other than a fine mist (such as a jet of liquid), or if you feel any discomfort using the spray, return it to your pharmacist.